Montana Youth Risk Behavior Survey

American Indian High School Students On or Near a Reservation

Trend Data 1999-2015

Montana Office of Public Instruction Health Enhancement and Safety Division June 2015



Injury and Violence	1999	2001	2003	2005	2007	2009	2011	2013	2015
Percentage of students who	1000	_00.		_000	_00.	_000		20.0	_0.0
Rode a bicycle and never or	06.6	02.6	05.4	96.9	95.9	93.1	92.8	04.0	02.7
rarely wore a bicycle helmet during the past 12 months	96.6	93.6	95.1	96.9	95.9	93.1	92.0	94.0	92.7
Never or rarely wore a seat belt									
when riding in a car driven by	34.5	30.0	29.5	27.8	25.7	21.9	15.7	20.5	13.5
someone else									
Never or rarely wore a seat belt		37.3	38.1	35.8	32.4	29.9	18.7	18.5	11.4
when driving a car		37.3	30.1	55.0	JZ.4	23.3	10.7	10.5	11.4
Rode in a car driven by									
someone who had been	53.3	47.6	43.6	47.3	45.8	41.9	37.4	31.9	27.6
drinking alcohol during the past									
30 days Drove a car when they had									
been drinking alcohol during the	27.2	24.8	21.3	25.5	22.6	17.5	15.7	16.6	15.0
past 30 days	21.2	24.0	21.5	20.0	22.0	17.5	13.7	10.0	13.0
Texted or e-mailed while driving							F4 0	F0.4	20.7
a car during the past 30 days							51.3	50.1	39.7
Talked on a cell phone while									
driving a car during the past 30							46.9	48.1	33.8
days									
Carried a weapon such as a	24.4	24.0	17.3	20.0	20.4	40.0	15.2	40.0	4C E
gun, knife, or club during the past 30 days	21.4	24.0	17.3	20.0	20.1	19.0	13.2	19.8	16.5
Carried a gun during the past									
30 days	9.1	12.6	8.7	10.6	9.6	9.4	9.8	12.3	10.2
Carried a weapon on school									
property during the past 30	12.2	11.8	8.7	10.5	10.3	5.8	5.6	7.4	4.9
days									
Had property such as their car,									
clothing, or books stolen or			00.0	07.7	00.0		05.4	05.5	
deliberately damaged on school			26.2	27.7	22.2	-	25.1	25.5	~
property during the past 12 months									
Did not go to school because									
they felt unsafe at school or on		44.0			40.0				
their way to or from school	8.9	11.0	7.3	7.7	10.2	8.6	9.1	9.2	9.1
during the past 30 days									
Had been threatened or injured									
with a weapon on school	9.1	11.8	6.8	9.8	7.8	5.5	5.3	6.4	5.8
property during the past 12									
months Were in a physical fight during									
Were in a physical fight during the past 12 months	43.9	41.1	40.8	43.9	42.2	45.8	36.2	34.9	29.5
Were injured in a physical fight									
that required medical treatment	9.0	9.4	6.6	8.6	8.0	6.2	4.6	5.3	5.4
during the past 12 months								2.0	
Were in a physical fight on									
school property during the past	14.9	17.0	15.2	16.1	16.8	17.1	13.1	14.8	9.3
12 months									

Injury and Violence Percentage of students who	1999	2001	2003	2005	2007	2009	2011	2013	2015
Have ever been physically forced to have sexual intercourse when they did not want to	14.6	11.1	8.8	12.8	11.4	11.3	9.5	10.1	10.1
Of dating students, were purposely hit, slammed into something, or injured with an object or weapon by someone they were dating during the past 12 months								12.3	12.8
Of dating students, were forced to do sexual things (e.g., kissing, touching, or being physically forced to have sexual intercourse) by someone they were dating or going out with during the past 12 months								10.1	10.5
Had been bullied on school property during the past 12 months						21.7	20.9	21.1	26.0
Had been electronically bullied, such as through e-mail, chat rooms, instant messaging, Web sites, or text messaging during the past 12 months						17.5	17.6	16.8	16.8
Had been the victim of teasing, name calling or bullying because someone thought they were gay, lesbian, or bisexual during the past 12 months								15.1	18.0
Felt so sad or hopeless for two weeks or more in a row that they stopped doing some usual activities during the past 12 months	32.4	31.1	30.0	32.4	32.8	32.1	32.9	33.2	37.5
Seriously considered attempting suicide during the past 12 months	21.6	24.2	17.5	22.3	18.1	19.6	20.6	20.8	24.0
Made a plan about how they would attempt suicide during the past 12 months	18.2	20.1	14.0	18.9	17.6	16.6	15.3	17.5	20.9
Actually attempted suicide during the past 12 months	16.2	20.4	15.3	16.6	15.8	18.0	16.2	15.1	19.3
Had a suicide attempt resulting in injury, poisoning, or overdose that required medical treatment during the past 12 months	8.0	7.4	4.3	5.1	4.9	5.2	4.9	6.1	6.5

Tobacco Use Percentage of students who	1999	2001	2003	2005	2007	2009	2011	2013	2015
Ever tried cigarette smoking	86.9	83.7	84.5	82.9	83.4	79.1	74.1	65.6	66.1
Smoked a cigarette before age 13	41.8	46.2	42.2	41.5	33.5	33.1	29.7	25.9	27.1

Tobacco Use	1999	2001	2003	2005	2007	2009	2011	2013	2015
Percentage of students who	1000	2001	2000	2000	2001	2000	2011	2010	20.0
Smoked a cigarette on one or more of the past 30 days ("current")	53.4	51.5	52.1	52.2	47.9	44.1	40.5	37.3	28.9
Smoked cigarettes on 20 or more of the past 30 days ("frequent")	27.4	25.2	21.8	17.9	15.0	16.0	14.7	12.5	8.5
Among current smokers, smoked more than 10 cigarettes per day on the days they smoked during the past 30 days	10.0	9.5	5.1	7.0	3.8	2.3	1.3	3.4	2.7
Usually got their cigarettes by buying them in a store or gas station during the past 30 days		13.9	10.7	13.6	10.4	9.0	11.6	9.5	6.3
Smoked cigarettes on school property during the past 30 days	22.8	24.4	18.6	20.5	18.5	14.4	14.2	9.9	7.4
Ever smoked cigarettes daily; that is, at least one cigarette every day for 30 days ("regular")	41.2	34.2	33.0	30.4	29.6	26.5	25.6	22.4	~
Among current smokers, tried to quit smoking during the past 12 months		42.9	37.4	37.1	68.9	66.7	67.4	66.7	70.8
Used chewing tobacco, snuff, or dip during the past 30 days	21.9	26.3	20.8	28.8	25.8	22.7	27.5	19.6	21.7
Used chewing tobacco, snuff, or dip on school property during the past 30 days	16.0	18.7	16.0	21.0	18.7	14.2	17.7	13.0	15.4
Smoked cigars, cigarillos, or little cigars during the past 30 days	12.4	12.6	10.9	15.3	13.6	11.0	12.0	12.0	11.1
Ever used an electronic vapor product									47.9
Used an electronic vapor product during the past 30 days									25.3

Alcohol and Other Drug Use Percentage of students who	1999	2001	2003	2005	2007	2009	2011	2013	2015
Had at least one drink of alcohol during their life	83.6	77.2	77.7	83.1	78.6	76.0	70.0	66.9	59.3
Had first drink of alcohol before age 13	31.1	37.4	31.5	31.2	31.1	29.3	24.3	24.0	21.8
Had at least one drink of alcohol during the past 30 days ("current")	55.0	54.8	48.8	56.3	53.9	45.9	39.9	36.0	31.6
Had at least one drink of alcohol on school property during the past 30 days	10.9	14.0	10.9	12.1	12.2	8.3	6.5	5.9	7.4
Had five or more drinks of alcohol in a row during the past 30 days ("binge drink")	47.8	47.0	42.7	44.9	45.7	38.3	31.0	25.2	22.9

Alcohol and Other Drug Use	1999	2001	2003	2005	2007	2009	2011	2013	2015
Percentage of students who									
Had 10 or more drinks within a couple hours during the past 30 days								10.3	8.0
Among current users of alcohol, usually got the alcohol they drank from someone who gave it to them during the past 30 days						25.8	10.2	24.2	21.7
Used marijuana during their life	73.9	72.6	74.2	74.7	69.9	67.5	68.1	65.3	62.6
Tried marijuana before age 13	31.0	37.1	35.4	37.9	30.8	34.1	31.0	29.5	32.1
Used marijuana during the past 30 days ("current")	51.2	50.1	44.6	51.0	44.1	41.5	43.2	44.0	40.6
Used marijuana on school property during the past 30 days	16.8	20.5	15.9	15.9	15.9	11.0	14.3	12.4	~
Used any form of cocaine during their life	21.4	19.1	15.1	15.4	14.7	10.7	9.8	8.9	8.0
Used any form of cocaine during the past 30 days ("current")	10.2	11.4	6.1	6.6	6.4	4.2	4.0	NA	~
Used inhalants during their life	24.2	20.0	21.3	23.5	24.9	29.2	23.7	19.0	15.6
Used inhalants during the past 30 days								6.7	~
Used heroin during their life	5.3	5.7	2.4	2.8	3.8	2.3	3.2	2.9	3.4
Used methamphetamines during their life	26.8	22.8	15.8	15.2	10.8	5.6	5.2	7.1	6.6
Used ecstasy during their life			8.0	6.9	7.4	9.7	9.0	11.0	7.9
Ever used synthetic marijuana (also called K2, Spice, fake weed, King Kong, Yucatan Fire, Skunk, or Moon Rocks)									24.8
Took steroid pills or shots without a doctor's prescription during their life	7.3	10.1	6.1	4.2	5.1	3.0	3.7	3.3	4.4
Have taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription							22.3	19.7	17.5
Used a needle to inject any illegal drug into their body during their life	5.3	4.5	2.8	3.8	4.4	3.3	1.7	3.0	3.4
Were offered, sold, or given an illegal drug on school property during the past 12 months	36.6	35.7	32.4	30.5	26.6	25.3	28.6	23.6	19.5

Sexual Behaviors Percentage of students who	1999	2001	2003	2005	2007	2009	2011	2013	2015
Ever had sexual intercourse	63.8	61.0	66.2	69.4	67.1	67.3	67.2	68.1	60.6
Had sexual intercourse before age 13	10.8	12.6	14.5	12.6	12.7	15.0	11.4	10.4	8.7
Had sexual intercourse with four or more people during their life	26.2	20.7	27.7	29.9	26.0	29.8	27.4	27.1	30.0
Had sexual intercourse during the past three months ("current")	41.5	37.5	43.5	47.9	45.9	47.8	44.6	46.5	39.8
Drank alcohol or used drugs before last sexual intercourse	42.2	37.2	35.9	26.9	37.8	29.7	24.0	27.5	25.4
Currently sexually active and used a condom during last sexual intercourse	50.7	64.8	63.0	61.2	64.7	57.6	49.5	57.4	61.9
Currently sexually active and used birth control pills to prevent pregnancy before last sexual intercourse	6.8	7.4	11.5	10.0	8.0	8.2	10.4	11.0	9.8
Had ever been taught about AIDS or HIV infection	87.4	84.5	84.7	85.7	84.0	80.7	82.0	75.3	~

Weight Management and Dietary Behaviors Percentage of students who	1999	2001	2003	2005	2007	2009	2011	2013	2015
Described themselves as slightly or very overweight	37.9	38.3	38.5	39.8	39.2	39.1	36.5	37.3	39.8
Were trying to lose weight	47.0	51.3	50.2	52.3	51.6	54.4	51.3	53.4	51.2
Drank 100% fruit juices during the past seven days	85.7	85.0	84.4	82.8	84.0	82.3	84.3	82.1	81.1
Ate fruit during the past seven days	86.9	88.8	87.4	88.4	87.9	88.4	88.8	88.5	89.5
Ate green salad during the past seven days	67.9	70.5	66.3	64.0	61.0	62.1	67.5	63.5	64.0
Ate potatoes during the past seven days	73.1	76.5	69.5	68.9	70.2	69.8	70.1	66.5	65.8
Ate carrots during the past seven days	52.4	55.2	49.3	46.7	46.7	51.4	48.7	52.5	50.5
Ate other vegetables during the past seven days	81.5	82.3	76.1	75.9	78.1	76.9	76.4	75.9	74.0
Drank at least one can, bottle, or glass of soda or pop daily during the past seven days						36.6	31.1	25.2	25.7
Drank at least one can, bottle, or glass of diet soda or pop daily during the past seven days								8.3	~

Weight Management and Dietary Behaviors	1999	2001	2003	2005	2007	2009	2011	2013	2015
Percentage of students who									
Drank a can, bottle, or glass of an energy drink, such as Red Bull or Jolt (not sports drinks such as Gatorade or PowerAde), during the past seven days							45.1	NA	~
Drank three or more glasses of milk per day during the past seven days	15.2	16.8	14.4	13.5	14.8	10.8	NA	9.6	7.8
Ate breakfast daily during the past seven days							29.5	26.7	29.6
Did not eat breakfast on any of the past 7 days									11.0
Always, most of the time, or sometimes went hungry because there was not enough food in the home during the past 30 days								16.3	~

Physical Activity	1999	2001	2003	2005	2007	2009	2011	2013	2015
Percentage of students who	1000	2001	2000	2000	2001	2000	2011	2010	2010
Were physically active for a total of at least 60 minutes per day on five or more of the past seven days				27.2	40.1	41.9	49.1	48.4	46.4
Did not participate in at least 60 minutes of physical activity on any of the past seven days									15.1
Were physically active for a total of at least 60 minutes per day on 7 of the past seven days									22.5
Watched three or more hours per day of TV on an average school day	38.0	38.1	38.4	36.7	36.3	32.1	32.0	33.3	26.3
On an average school day, played 3 or more hours of video or computer games or used a computer for something not school-related*					17.5	23.0	27.7	37.2	40.8
Attended physical education (PE) classes on one or more days in an average week when they were in school	57.4	62.0	63.2	58.7	63.5	61.8	55.8	62.4	61.2
Attended physical education (PE) classes daily in an average week when they were in school	41.9	32.4	32.9	35.2	43.3	47.8	40.7	39.3	36.3
Played on one or more sports teams during the past 12 months	59.8	65.1	60.8	66.4	65.4	60.8	66.9	63.7	65.7

^{*} Count time spent on things such as Xbox, PlayStation, an iPod, an iPad or other tablet, a smartphone, YouTube, Facebook or other special networking tools, and the Internet.

Other Percentage of students who	1999	2001	2003	2005	2007	2009	2011	2013	2015
Saw a dentist for a check-up, exam, teeth cleaning, or other dental work during the past 12 months									59.4
Had ever been told by a doctor or nurse that they had asthma				19.1	19.4	19.7	22.0	19.3	20.9
Get 8 hours or more of sleep on an average school night									31.1
Made mostly A's or B's in school during the past 12 months									58.8
Used a tanning device such as a sunlamp, sunbed, or tanning booth during the past 12 months								8.7	8.6
Received help from a resource teacher, speech therapist or other special education teacher during the past 12 months	18.5	19.1	23.4	15.4	16.2	20.8	20.0	20.1	20.7

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